



Crystal Coast Phantoms Fastpitch Softball Organization

Player/Parent Handbook

Mission Statement

The Crystal Coast Phantoms Fastpitch Softball Team is committed to providing opportunities for young female athletes to engage in quality, competitive experiences. The Phantoms are dedicated to the idea that any athlete, regardless of race, creed, religious affiliation, or socio-economic status should be given that opportunity. A competitive athletic experience can instill a good work ethic, enhance social development, contribute to mental and physical health, and teach values of personal responsibility, self-discipline, self-motivation, and teamwork.

Standards of Conduct

There is a lot more expected of our players other than their softball skills. Players are expected to participate in all scrimmages/practices as scheduled. Failure to do so may result in less playing time in the next tournament. It is the parent's responsibility to notify the coach if they cannot attend. Players

are expected to sign up for the full “season” and to make all tournaments. All players will be given ample playing time in tournaments – especially during pool play. However, during tournament play where the objective is to advance as far into the playoffs as possible players will be played at the discretion of the coach based on skill level and team needs.

Players are expected to consistently work on their own to raise the levels of their physical condition and skill. All players will sign a code of conduct form as part of their membership with the team. The following standards must be observed for one to continue as an active member of The Phantom’s Softball Team.

1. Alcohol, smoking, and drugs are prohibited at all times.
2. Excellence in academic performance is required.
3. The player's actions and behavior should always be such as to reflect positively on the player and their team.
4. Players must be on time for all team commitments, unless there are circumstances that have been communicated to the coach.
5. Parents must communicate with the coach when their player is going to be late or absent from a practice or tournament.
6. All players are required to pursue all physical conditioning activities and drills unless excused by a doctor or the coach.
7. Players must report all physical injuries or illness to their head coach immediately.
8. Players are required to take proper care of practice equipment, keeping in mind that the equipment is the property of the Crystal Coast Phantoms.
9. Each player will keep their coach informed of their presence at tournaments.
10. Each player is expected to treat all other players, teammates, coaches, referees, parents, and fans with courtesy and respect.
11. If players/parents are involved in a dispute, they must immediately work out problems between them. If they are unable to resolve their problem immediately, they must meet with the coaches until their problems are resolved. Problems between players or parents must never be left unresolved.
- 12. During tournament play no player is allow to leave the dugout without permission from coach, unless there is an emergency, also Parents must stay clear from dugout during tournaments players should be involved in the games at hand.**
13. While a game is being played, the girls should be focused on what is happening on the field.

Commitment Fee.

Is the agreed Parent Commitment to play with team for the entire season, Summer or Fall. The Commitment fee is Non Refundable and the amount is set by each Coach based on their schedule. A separate page produced by each coach before the season and will be given to parents outlining the amount of money that will be collected and how will be used.

Uniforms

Practice Uniforms: Once issued, every player is required to wear a practice T- Shirt along with a pair of softball pants, shoes and socks.

Game Uniforms:

- Team provided uniforms are property of their Crystal Coast Phantoms Organization. Players are required to turn in the Uniform at the end of their season or upon termination of their commitment.
- Each Phantom player is responsible for purchasing her own pants and helmet. It is also strongly suggested that they have an equipment bag.
- Uniformity is essential to being a team. Each player will wear the uniform that has been chosen by the coach and worn correctly (i.e. no mismatched socks, jerseys tucked in, etc.)
- Hair accessories must match team colors (Purple and Orange).
- Jewelry will not be worn during games.

Fundraising

Organizing our fundraisers is a parent responsibility. We want our players to have several opportunities to fundraise. Fundraising ideas and leadership should come from the parents/players. Players are required to take part in fundraisers; it is an excellent method of alleviating the cost of dues and the first option for those in need of financial assistance. A contribution letter can be developed so that you can give to organizations that are interested in donating money.

Player/Coach/Parent Relationship

Softball can teach young ladies many good traits, such as the spirit of cooperation, and the regard for physical fitness; but it is difficult for these and other desirable traits to take root in young players when the adults around them fail to set a proper example. We ask that parents refrain from criticizing opposing players, other parents, coaches, officials, umpires, or teammates. In spectator enthusiasm we are often prone to issue several instructions to the players that may be contrary to those of the coach, leaving

the players confused and upset. Please let these athletes follow their coach's instruction and leave the coaching to the coach!

The coaches are giving their time, energy, and best efforts to teach your child the sport of fast pitch softball and the Crystal Coast Phantoms will not tolerate condemnation of the coaches. Understand that you will not agree or like every coaching tactic, comment, or suggestion that is made by the coaches, but this does not warrant criticism or rudeness. This is certainly not intended to reduce spectator enthusiasm. Please continue to cheer and encourage the actions you like and ignore those you don't. Please do not interfere with your child's coach, especially during play, or do anything else that will detract from the enjoyment your child deserves to get from softball. Parents are strictly forbidden to enter the dugout or onto the field unless instructed by one of the coaches to do so.

Parents must ally themselves with the coach in teaching their children how to cope with the frustrations of being a member of a team. Sports provide an excellent opportunity to teach young women about the realities of highly competitive situations. They must be taught how to be a cooperative team member, how to make use of both positive feedback and constructive criticism, how to cope with adversity, how to achieve 'mental toughness', and how to be a gracious winner.

The most effective way to establish a rapport with a coach is to display a high level of commitment to the activity. Players need to learn to display their commitment by coming early and staying late, doing extra preparation, being enthusiastic about the activity, and actively and publicly supporting their teammates. A parent who is successful in teaching these skills will never have to worry whether the coach is giving their child a fair break. If a player has a concern with a coach, parents have the responsibility for teaching their child steps to remedy the concern. The following steps **MUST** be taken if any player/parent has a concern with the coach:

Player should discuss the concern with the coach and try to arrive at a solution. The coach should not be considered unapproachable. He or she is willing to listen to a player's concern and try to arrive at a mutual solution. Until the coach is made aware of the concern nothing at all can be done to alleviate it. Do not wait until the end of the season to voice your concern. If, after time, the concern is not resolved the player and parents may make an appointment to meet offsite to speak with the coach. Please do not approach a coach in the dugout or on the field to discuss a concern at practice or a tournament.

CRYSTAL COAST PHANTOMS PARENTAL WAIVER, AGREEMENT FORM

I, the undersigned, as the parent or legal guardian of the minor child named below, do hereby give my full consent and approval for my child to participate as a member of the Crystal Coast Phantoms girl's fastpitch softball team.

I understand that there are certain risks of damages and injuries, including death, inherent in the practice and in the playing of softball, as well as in traveling in other related activities incidental to my child's participation, and I am willing to assume these risks on behalf of my child. These risks include, but are not limited to, those hazards associated with weather conditions, travel, playing conditions, equipment and other participants. I understand that sliding into base is dangerous to my child and to other players and may result in serious injury or even death.

I understand that the very nature of the game of softball is hazardous and risky, including, but not limited to, the acts of throwing, fielding and catching of the ball, the swinging of the bat, running, jumping, stretching, sliding, diving, and collisions with other players and with stationary objects, all of which can cause serious injury or death to my child and to other players.

Further, I agree that in consideration for the right to allow my child to participate as a member of the Crystal Coast Phantoms and in consideration for permission to play on the fields arranged for by the team:

1. On behalf of my child and myself, I do voluntarily elect to accept and solely assume all risks of injury incurred or suffered by my child (a) while practicing or playing as a member of the team, (b) while serving in a non-playing capacity as a team member during practice or play by other teams or by other players on my child's team, and (c) while on or upon the premises of any and all of the fields arranged for by the Crystal Coast Phantoms for practice or play.
2. In addition to giving my full consent for my child's participation, I do hereby release, discharge and agree not to sue the Crystal Coast Phantoms and/or its coaches, the team sponsors, the owner or operator of any field the team practices on, or any person or entity connected with the team, league, or field for any claim, damages, costs including attorney fees, or cause of action which I have or may in the future as a result of injuries or damages sustained or incurred by my child from whatever cause including but not limited to the negligence, breach of contract or wrongful conduct of the parties hereby released.
3. I hereby certify that my child is fully capable of participating in the designated sport and that my child is healthy and has no physical or mental disabilities or infirmities that would restrict full participation in these activities, except as made known to coaches and officers of the team.
4. I further agree on behalf of myself and my child listed below, that I shall hold harmless and fully indemnify the parties hereby released from any and all claims, damages, costs including attorney fees, and causes of action which may arise from any cause of action made by me or by, through or on behalf of my child, even if the damages, injuries or death are caused in whole or in part by any of the persons or entities hereby released.

Crystal Coast Phantoms Player/Parent Agreement & Consent Form

Player Agreement & Consent

I, have read, understand, discussed with my parents, and I agree to the policies, procedures and obligations set forth in the Crystal Coast Phantoms *Player's/Parents Handbook*. As evidence by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules as set forth herein.

Name of Player _____ Date _____

Signature of Player _____

Parent's Agreement & Consent

I have read, understand, discussed with my child, and I agree to the policies, procedures and obligations set forth in the Crystal Coast Phantoms *Player's/Parent's Handbook*. As evidence by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules as set forth herein. In addition, I certify that as Parent or/Guardian of this participant, I have explained to my daughter the aforementioned stipulated conditions and their ramifications, and I consent to her participation on the team.

Name of Parent/Guardian (Please Print) Relationship (Mother/Father/Guardian)

SIGNATURE OF PARENT

Date _____

WAIVER, RELEASE OF LIABILITY AGREEMENT FORM

I ACKNOWLEDGE THAT I HAVE READ AND THAT I UNDERSTAND EACH AND EVERY ONE OF THE PROVISIONS IN THIS WAIVER, RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT AND AGREE TO ABIDE BY THEM.

Date: _____

Name of Player (Please Print):

Name of Parent or Legal Guardian (Please Print):

Signature of Parent or Legal

Guardian: _____

Address of Parent or Legal

Guardian: _____

CRYSTAL COAST PHANTOMS MEDICAL RELEASE FORM

Player's Name _____ Date of Birth: _____

Parents/Guardian

Names: _____

Address: _____

Contact Numbers:

Home: _____ Cell: _____

In an emergency when parents cannot be reached, please contact:

Primary:

Name: _____ Relationship: _____

Home Phone: _____ Cell Ph: _____

Alternate:

Name: _____ Relationship: _____

Home Phone: _____ Cell Ph: _____

Player Information:

Allergies: _____

Asthma (Yes or No): _____ Blood Type (if known): _____

Date of last tetanus booster: _____

Regular Medications: _____

Additional Information:

Medical Insurance Carrier: _____

Policy #: _____ Insurance Contact Phone #: _____

Policy Holder Name: _____ Player's Physician: _____

Phone #: _____

CONSENT FOR MEDICAL TREATMENT

I, _____, am the parent or guardian having legal custody of the above player. I authorize all medical, surgical, diagnostic, and hospital care or procedures which may be performed or prescribed for my child by a licensed physician or hospital, when efforts to contact me are unsuccessful and when deemed immediately necessary or advisable by the physician to safeguard my child's health. I waive my right of informed consent to such treatment.

Signature: _____ Date: _____

(Please complete pages 6 and 7, and bring a copy of Players Birth Certificate to coach for record keeping)